EXPLORED OR USED ANY MENTAL HEALTH APP/S?

THEN YOU ARE INVITED TO SHARE YOUR OBSERVATIONS!

search

We are gathering perspectives of people who have explored or used mental health apps.

Your feedback will help improve future digital mental health solutions, making them more user-friendly and effective!

Ready to contribute?

- Write a 100 words note to present your insights.
- Do not mention names of specific apps.
- Focus only on features, functions, and overall experiences.

SCAN THE QR BELOW TO CONTRIBUTE!

Top 50 entries will recieve e-appreciation certificate!